



# Chestnuts Primary School

'Encourage, Enable, Empower'

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Headteacher: Miss Becky Skillings

Deputy Headteacher: Mrs Katie Robins

Assistant Headteachers: Mrs Sam Sear & Mrs Nicola Tearle

30<sup>th</sup> April 2020

Dear Parents and Carers

I hope you are all well, coping as best you can, and staying safe.

As I'm sure you are aware, we have a fantastic learning mentor in school, Mrs Ledster. Her primary role in school is to support children who may be struggling with some aspect of life, whether it be learning focussed, friendships or family worries. She spends time with children, giving them an opportunity to talk and teaching them strategies to manage their difficulties.

During these very unsettled times, we are very aware that many children are struggling – both those who had worries before lock-down, but many more who haven't before struggled with any aspects of life. If you are worried about your child's well-being and mental health and need some advice and support, Mrs Ledster is available to support you. We have set up an email that you are welcome to use to receive some support and strategies. We also welcome you sharing this opportunity with your children, if they are able to email themselves.

Mrs Ledster can be contacted on [mentor@chestnuts.milton-keynes.sch.uk](mailto:mentor@chestnuts.milton-keynes.sch.uk)

Please remember that we are here to support you in any way we can and look forward to a time when we can all be together again.

Yours faithfully,

Becky Skillings  
Headteacher



Inspiring Futures  
Through Learning

