



# Chestnuts Primary School

'Encourage, Enable, Empower'

Tel: 01908 373748

email: [office@chestnuts.milton-keynes.sch.uk](mailto:office@chestnuts.milton-keynes.sch.uk)

[www.chestnutsprimaryschool.co.uk](http://www.chestnutsprimaryschool.co.uk)

Headteacher: Miss Becky Skillings

Deputy Headteacher: Mrs Katie Robins

Assistant Headteachers: Mrs Sam Sear & Mrs Nicola Tearle

3<sup>rd</sup> April 2020

Dear Parents/Carers,

During these challenging times, Chestnuts is committed to offering help and support to all of our families. We have put together a list of services that you and your family may require. We know that for many of our families, school is a place to seek support in many of these areas. This includes services which can offer advice around mental health, financial concerns, housing issues as well as safeguarding.

Where concerns for safety and welfare of a child arise, we are still working remotely with some of the appropriate partner agencies. For any concerns regarding the safety or welfare of a child, please do not hesitate to contact us via phone or email on 01908 373748 or [office@chestnuts.milton-keynes.sch.uk](mailto:office@chestnuts.milton-keynes.sch.uk) to alert a member of the designated safeguarding team: Mrs Wilkes, Miss Skillings, Mrs Sear or Mrs Tearle.

## Mental Health

**Samaritans:** 116 123 (free) <https://www.samaritans.org/>

**Parents Helpline:** 0808 802 between 9:30am-4pm

**Young Minds Crisis Messenger:** text YM to 85258 for free 24/7 support <https://youngminds.org.uk/>

**Anna Freud:** <https://www.annafreud.org/>

**Kooth:** [www.kooth.com](http://www.kooth.com) free counselling service for children

**The Mix:** 0808 808 4994 Support for children

**Silver Line** 0800 470 80 90

**MK YIS** support young people with their mental health. <https://www.mkyis.org.uk/home>

**Arthur Ellis Mental Health Services**

## Domestic Abuse

**Women's Aid:** 0808 800 0028 <https://bswaid.org/> text service: 08001 08088000028

**Men's Advice Line:** 0808 801 0327 [www.mensadvice.org.uk](http://www.mensadvice.org.uk)

## Benefits

**Jobcentre Plus:** 0800 055 6688

## Debt advice

**Money Advice Service:** 0800 138 7777 <https://www.moneyadviceservice.org.uk/en>

**Citizens Advice Bureau:** <https://www.citizensadvice.org.uk/>



Inspiring Futures  
Through Learning



Chestnuts Primary School is part of Inspiring Futures through Learning, a company Limited by Guarantee and registered to Fairfield's Primary School  
Apollo Avenue Fairfield's, Milton Keynes MK11 4BA. The company number is 07698904 and is registered in England.



# Chestnuts Primary School

'Encourage, Enable, Empower'

Tel: 01908 373748

email: [office@chestnuts.milton-keynes.sch.uk](mailto:office@chestnuts.milton-keynes.sch.uk)

[www.chestnutsprimaryschool.co.uk](http://www.chestnutsprimaryschool.co.uk)

Headteacher: Miss Becky Skillings

Deputy Headteacher: Mrs Katie Robins

Assistant Headteachers: Mrs Sam Sear & Mrs Nicola Tearle

## Housing

**Shelter:** <https://england.shelter.org.uk/> housing support

## Food Bank

Many food banks work on a referral scheme but if you need support try googling Milton Keynes foodbanks.

This website might help: <http://mkfoodbank.org.uk/>

## Bereavement

**Edward's Trust:** 0121 454 1705 <https://edwardstrust.org.uk/>

## Safeguarding

**Police:** 101 or Emergency 999

**NHS Direct:** 111

**Children's Services:** 01908 253169 or 253170 [children@milton-keynes.gov.uk](mailto:children@milton-keynes.gov.uk)

**MASH (Multi Agency Safeguarding Hub, Milton Keynes):** 01908 253169 or 01908 253170

**Samaritans:** 0330 094 5717 (MK) or 116 123

**Childline:** 0800 1111

**NSPCC:** 0808 800 5000

**Mind:** 0300 123 3393

While most of your child's learning for the next few weeks is going to be online, please continue to monitor their online safety in terms of the websites they are accessing and with whom they are communicating and how. For your reassurance, Google Classroom is GDPR compliant. [The O2 NSPCC helpline \(0808 800 5002\)](https://www.nspcc.org.uk/08008005002) can help you with any questions or concerns you may have about keeping your child safe online. They can provide you with advice and help to troubleshoot any problems you may be facing.

## Making a report

[Reportharmfulcontent.com](http://Reportharmfulcontent.com) is a website designed to help you report anything which you believe should not be online, with guidance about how to report different types of content as well as help with the next steps you can take if your report is not actioned by the site or service you have made it on.

Look after each other, keep safe and remember that we are only a phone call away!

Chestnuts Primary School Safeguarding Team



Inspiring Futures  
Through Learning



Global Learning  
programme



Chestnuts Primary School is part of Inspiring Futures through Learning, a company Limited by Guarantee and registered to Fairfield's Primary School  
Apollo Avenue Fairfield's, Milton Keynes MK11 4BA. The company number is 07698904 and is registered in England.